Align baby’s shoulders with the top of the opened swaddler.

Place baby’s left arm into the arm pocket and tuck flap under arm.

Wrap towards baby’s right and tuck underneath body to secure.

Repeat with baby’s right arm. Wrap towards baby’s left and secure velcro at baby’s back.

Secure hip positioner between baby’s legs.

Use bottom pouch to cover baby’s legs. Leave down for warmer nights.